CHALLENGES IN THE MANAGEMENT OF EXPERTISE REASSEMBLING AND RESTRUCTURING PREVIOUS KNOWLEDGE IN THE LIGHT OF NEW PROFESSIONAL OBJECTIVES

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Abstract: The changes which affect the professional trajectory of a person are generally acknowledged by researchers as major stress factors with various and (often) unexpected ramifications. When stress is further enhanced by an unfamiliar organizational framework, the individuals should resort to all their internal resources in order to handle the crisis. In such circumstances people go through an adjustment process and reevaluate their previous experiences so as to fit in the new context. One solution to overcome critical points and meet the new objectives is the efficient recycling and restructuring of the already existing skills. Scrupulously re-evaluating one's professional expertise can reduce the impact of change and smooth the way of adaptation.